**Customer Education Series** 

### Sample Rejection in Haematology and Transfusion Medicine Unit Jan to Jun 2021

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## Sample rejection

- Sample rejection: sample that is not accepted by laboratory for analytical process.
- There is many causes of rejection.
   Most of it is due to error in requesting test (e.g. incomplete form), fail in identification of patient or sample, improper sample collection, handling and transportation.



# Sample rejection

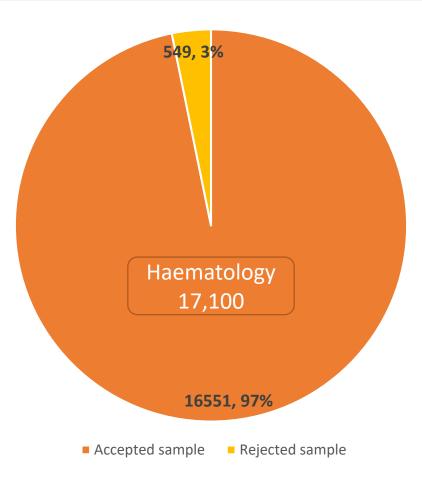
- The consequences of sample rejection:
  - delay in availability of test results  $\rightarrow$  delay in treatment
  - In some case, patients may be transferred to another unit before another specimen can be obtained → patient and family dissatisfaction.
  - Repeated sample collection : affect heath care organization by increasing cost, wasting the time of skilled professionals

#### **Rejection Rate**

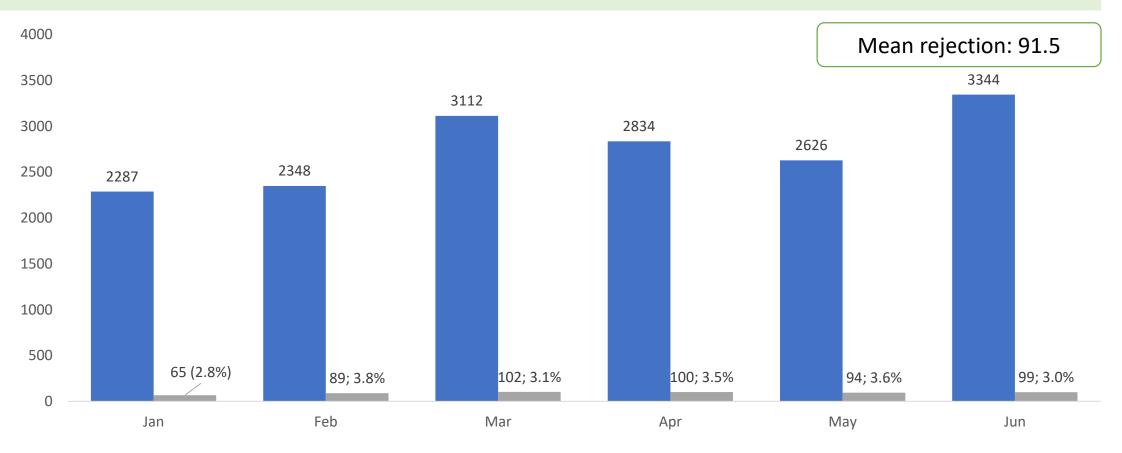
- Rejection rate = nominator/ denominator x 100%
- <1%
- Mission: Advocating, educating and monitoring continuous quality improvement and patient safety in healthcare.



### Sample Rejection in H&TM unit Jan to Jun 2021

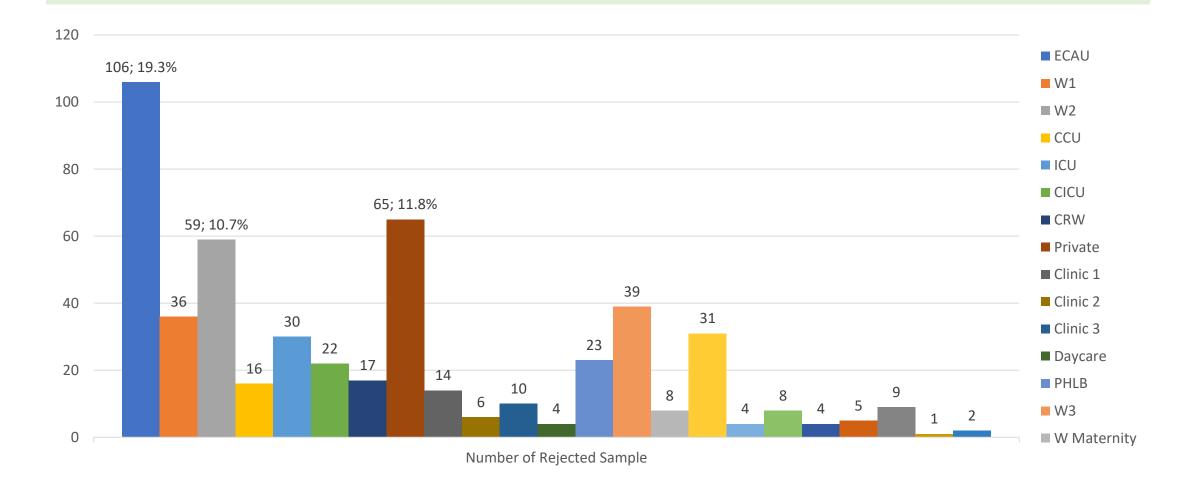


# Monthy sample rejection



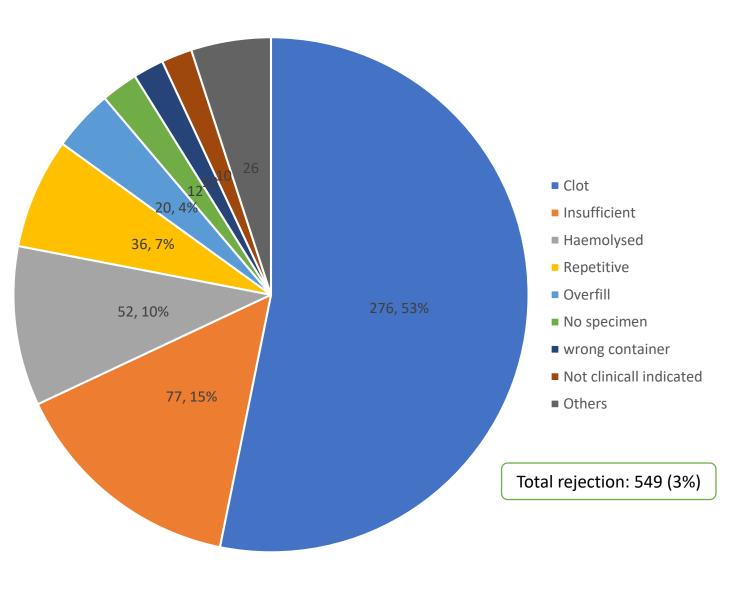
■ Accepted ■ Rejected

### Location



#### Causes

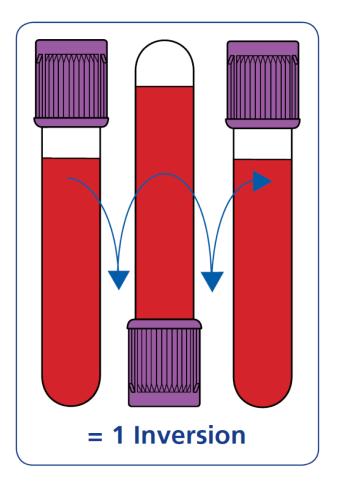
<	Clotted	276	>
	Insufficient	77	
	Haemolysed	52	
	Repetitive order	36	
	Overfilled	20	
	No Specimen	12	
	Wrong Container	10	
	Not Clinically Indicated	10	
	Contaminated Sample	7	
	Wrong Labelling	5	
	Cancelled By Requester	4	
	Lipaemic Sample	3	
	Result Not Tally With Previous	3	
	Out Of Stability	2	
	Missing Label	1	
	Test Is Not Offered	1	



# **Clotted Sample**

- Improper mixing of anti-coagulated tubes [EDTA (lavender) and coagulation sodium citrate (blue) tubes] after collection.
  - The anticoagulant in EDTA tube is sprayed onto the inside of the tube while the coagulation sodium citrate tube has a liquid anticoagulant.
  - The tubes need to be gently inverted at least 8 10 times immediately after collection to make sure that the anticoagulant is properly mixed with the blood components to stop the entire clotting mechanism.
  - A slow draw into a vacutainer tube- tube should be mixed intermittently until filled to prevent hemostasis.
- Delay in placing blood in tubes e.g slow draw using a syringe or leaving blood in a syringe too long.





# INSUFFICIENT SAMPLE

- All collection tubes must be filled with the required volume.
- Fill lines are indicated by the black and white notches on the side of the label.
- Blood collection tubes contain an additive, e.g. anticoagulant in EDTA tubes.
  If less blood than required is drawn into the tube, the amount of additive present may interfere with the accuracy of test results.

You may see:

- false decrease in haematocrit value due to dilution of the blood
- false decrease of analyte values due to dilution of the blood
- inaccurate MCV, MCH, MCHC and HGB
- altered RBC shape: erythrocytes will shrink d/t high osmolality of anticoagulant fluid
- artifactually prolonged clotting time





## HAEMOLYSED SAMPLE

- Occurs when RBCs burst and the haemoglobin escapes and spoils the surrounding sample.
- In vitro hemolysis may be caused by:
  - incorrect needle size
  - improper tube mixing (vigorous mixing)
  - incorrect filling of tubes
  - excessive suction
  - prolonged tourniquet
  - difficult collection
  - extreme temperature
  - delayed processing
  - prolonged storage
  - finger-prick samples: squeezed finger too hard or scraped finger on the side of the tube rather than letting the droplets drop down the tube gently.
- The impact of in vitro hemolysis:
  - potassium concentrations inaccurate
  - artefactually low hb





# Repetitive order

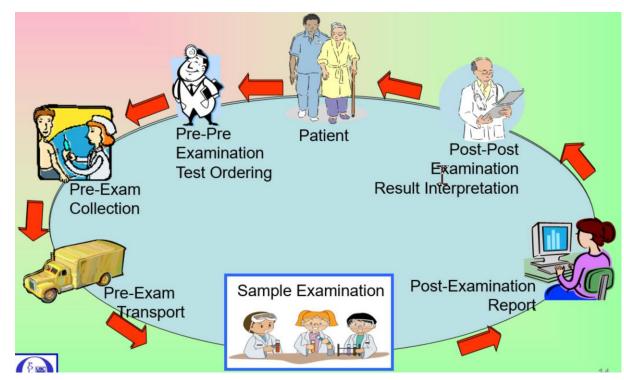
- Consequences:
  - latrogenic Anemia in Patients
  - Increased Expenditure: Unnecessary  $\uparrow$  cost to healthcare system and  $\uparrow$  laboratory's workload
  - Increase chances of FP, leading to unnecessary further laboratory investigations.
- Approches to reduce repetitive order
  - Education
  - Audits
  - Information technology play a crucial role in avoiding repeat testing. Review results in UNIMEDS before deciding to order lab test.
  - Comparison of ordering practices among clinicians can improve ordering practices and avoid repetitive tests.
  - Knowing turn around time (TAT) of test



Test	ТАТ
FBC ESR	Urgent: 1 H Ward: 4 H Clinic: 5 days
PBF	5 working days
Coagulation	Urgent: 1 H Ward: 4 H Clinic: 5 days
Hb analysis	30 working days

# Conclusion

- Diagnostic tests influence around 60-70% of the clinical decision-making process.
- Avoiding the incidence of sample rejection can minimize laboratory expenditure and ensure high-quality patient care.
- There is no single standard approach to \$\scimes\$ sample rejection rate.
   Physicians, lab personnel & hospital, must work together and coherently, using available guidelines to minimize rate of sample rejection.

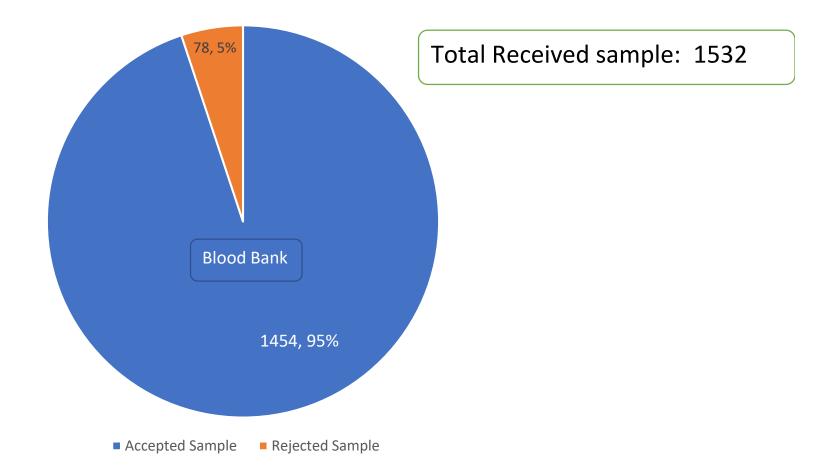


# References

- Plebani M. Quality indicators to detect pre-analytical errors in laboratory testing. Clin Biochem Rev. 2012;33:85–88.
- Tolan NV, Kaleta EJ, Fang JL, Colby CE, Carey WA, Karon BS, et al. Neonatal intensive care unit quality initiative: identifying preanalytical variables contributing to specimen hemolysis and measuring the impact of evidence-based practice interventions. Am J Clin Pathol 2016. Jul;146(1):113-118.
- Bush V, Mangan L. The hemolyzed specimen: causes, effects, and reduction. BD Vacutainer Syst Preanalytical Solut 2003;2003:1-8.
- Streichert T, Otto B, Schnabel C, Nordholt G, Haddad M, Maric M, et al. Determination of hemolysis thresholds by the use of data loggers in pneumatic tube systems. Clin Chem 2011. Oct;57(10):1390-1397.



# Sample Rejection in H&TM unit Jan to Jun 2021



#### Causes:

Repetitive21Cancelled by requester4Wrong order4
Wrong order 4
Incomplete request form 2
Clotted 2
Lipaemic 2
Insufficient sample 1
Wrong container 1
Not indicated 1
TOTAL 78

